



# Welcome to Celtic Soul Journeys



## JOURNEYING UPON THE LAND OF ÉIRU

### ITINERARY Saturday 16<sup>th</sup>Sept – Tuesday 26<sup>th</sup>Sept 2017

Itinerary specifically organized for Stephanie Anderson



TO WALK IN PILGRIMAGE – to hear the call and our soul's response. To walk awhile in consciousness. To move into a place of union with the Divine. To fill the ache that lies within. An ancient calling that goes beyond time and space.

We start our journey in ceremony, calling upon the Great Earth Mother in Her many faces, to guide us as we move ever gently onwards and inwards allowing the flow of Her nature to carry us forward in honour to Her sacred body.

As part of our journey upon the Way, we will gather the threads and weave ourselves whole: as powerful and light-filled Souls. We will sing and chant, we will dance and move and there will be times when we will hold the silence and bear witness. For we come together to hear the pulse of Her nature and the beat of Her Heart through the inner and outer landscapes of Herself/ourselves.



## Itinerary 16<sup>th</sup> – 26<sup>th</sup> Sept 2017

Pick up **DUBLIN** Airport 10:30a.m.

### **DAY 1: TUESDAY 16<sup>th</sup> Sept: AMAGH (D)**

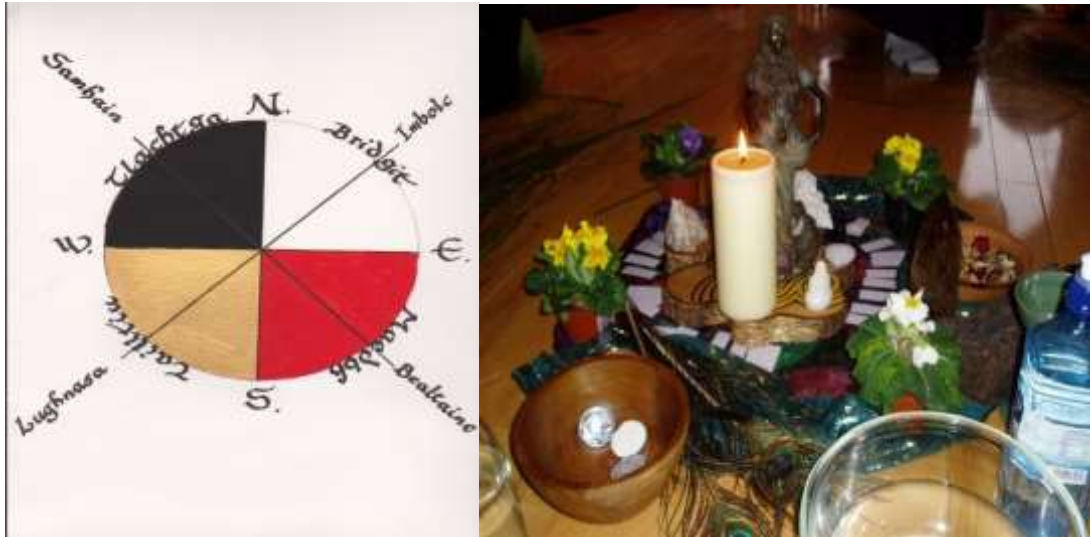
9:00 Attunement



We open our sacred Journey at Emhain Macha - the residence of Macha - the name of an ancient Earth Goddess - and ancient site of the royal residence of Ulster. In our stories and myths of the first invasions, each race of people who came to Ireland had a 'Macha' with them. We have different stories to remind us of Macha and we will remember them here. Macha holds the place of the west, our place of our 'becoming or undoing' upon the Celtic Wheel.

**Acc: An Creagán, Co. Tyrone, Northern Ireland**

### **DAY 2: SUNDAY 17<sup>th</sup> Sept – A DAY OF INNER WORK (B&D)**



Today we will be immersing ourselves in the Celtic Woman's Path; getting to know the deities upon the Celtic Wheel and how we can access and deepen our communion with them. We will be opening ourselves also to Sacred Ceremony and Ritual. **Acc: An Creagán, Co. Tyrone, Northern Ireland**

**DAY 3: MONDAY 18<sup>th</sup> Sept: BEAGHMORE STONE CIRCLES & TULLAHOGUE FORT (B&D)**

Attunement 9:30a.m.



We cannot go the North of Ireland without visiting the deeply powerful site of Beaghmore Stone Circles.

Beaghmore is an amazing complex of 7 Stones Circles within one field. The complex of stone circles was found while the farmer was digging the bog in

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the 1940's and again in the 1960's. It is thought that there are even more sites deeper within the earth here. At Beaghmore, we have three sets of two circles and then one, which stands alone. Upon journeying within it I was given the name 'Dragon's teeth' for the seventh circle and you will soon see why. This is a very formidable place to journey within. This is truly a place of deep transition and connectedness. Lunch at An Creagán,

Tullahogue Fort was an ancient royal power centre which came to historical prominence again in the 11th Century when it was a dynastic centre for Cereln Eogain (later the O'Neill's). It is an embanked enclosure, separated from an outer bank by a wide flat space and no ditch. Like Tara, the ditches were not built for defence and have been now recognised as being a place of worship. From its hilltop position, it commands wide views of the area and is visible for miles around. The site was abandoned by 1622.  
**Acc: An Creagán, Co. Tyrone, Northern Ireland**

#### **DAY 4: TUESDAY 19<sup>th</sup> Sept: GIANT'S CAUSEWAY (B&D)**

Attunement 9:00 a.m.



We cannot visit the North without visiting the Giant's Causeway, called 'One of the eight wonders of the world', which lies at the foot of the cliffs along the sea coast on the edge of the Antrim plateau in Northern Ireland. It is made up of some 40,000

massive black basalt (crystal) columns sticking out of the sea. Geological studies of these formations show that this striking landscape was caused by volcanic activity some 50–60 million years ago. Acc: An Creagán

*Legend says that Finn was going about his business when a giant in nearby Scotland began to shout insults and hurl abuse from across the channel. This argument went on for many days. One day, while they were shouting at each other over the Sea of Moyle, Finn took a clump of earth and flung it at the giant. As the arguments continued, Finn decided to build the Causeway in order to make it easy for the giant to come and fight him. After so much hard*

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*work, Finn was exhausted and he fell asleep.*

*Oonagh, Finn's first wife, heard the sound of thunderous footsteps and she knew it was the giant come to fight Finn. Oonagh wrapped a blanket around Finn and stuck a bonnet on his head.*

*"Where's Finn?" roared the giant. "Shusha, shusha", whispered Oonagh - "You'll wake the wee one!" The giant looked at the snoring Finn. His jaw dropped. If the child was that hefty, what size would the father be? The giant ran like the wind, destroying part of the Causeway in his wake.*

**Acc: An Creagán, Co. Tyrone, Northern Ireland**

### **DAY 5: WEDNESDAY 20<sup>th</sup> Sept: Enniscrone and Boyle (B&D)**

Attunement 9:00a.m.



We stop en-route for lunch on the other side of Enniscrone and will take time out to walk in Kilbroney Park and find the Fairy Glen. We then will make our way down to Southern Ireland and Co Sligo.

**ACC: Lisselough House, Co. Sligo**

### **DAY 6: THURSDAY 21<sup>st</sup> Sept: JOHN AND CLAIRE –Walking the LABYRINTH, WOODLAND BARD STORIES& TRADITIONAL HARP MUSIC (B, L&D)**

Attunement 9:00a.m.

This morning we will have time and space for inner work and reflection or [www.celticsouljourneys.com](http://www.celticsouljourneys.com)

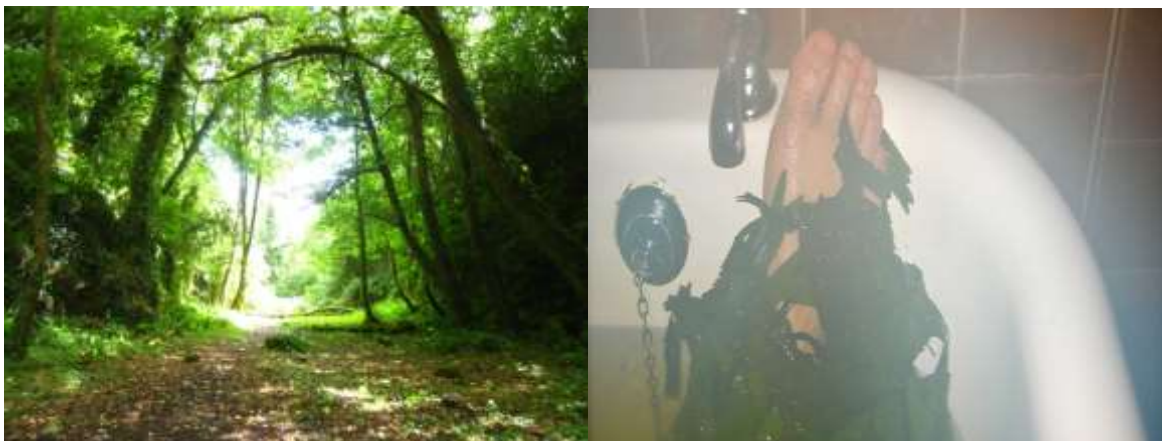
a morning spent in Sligo town for 'retail therapy'.



We travel to John and Claire's for lunch before we walk the Labyrinth. Afterwards we have a sharing and then on to Clair's delicious home-made scones with jam and fresh cream. We finish our magical day by listening to the stories and music with the Bard John Wilmot and his partner harpist extraordinaire Claire Roache. **ACC: Lissarlough House, Co. Sligo**

**DAY 7: FRIDAY 22<sup>nd</sup> Sept: GRANDMOTHERS CIRCLE, GLEN AND SEAWEED (B&D)**

Attunement 9:00 a.m.



This morning we start our day visiting the three Stone Circles, each one dedicated to the Maiden, Mother and the Crone.

Lunch and then on to the Glen as we prepare to move forward again from our place of betwixt and between.

We conclude our day by immersing ourselves in the Seaweed baths by the Atlantic Sea in Strandhill. **ACC: Lissarlough House, Co. Sligo**

**DAY 8: SAT 23<sup>rd</sup> Sept: Co. CLARE VIA BRIGIT'S GARDEN (B)  
JOURNEY DOWN TO SPANISH POINT IN CO. CLARE**



A day spent in Brigit's Garden where we will have a tour and make Brigit's crosses. We will see and experience the turning of the Celtic Wheel in the gardens. We move on from the Garden late afternoon and travel on to Doolin, which is a coastal village on the Atlantic coast. In the evening we will dine in one of the local pubs which have become famous for their traditional music. **ACC: Bellbridge House Hotel, Spanish Point, Co. Clare**

**DAY 9: SUNDAY 24<sup>th</sup> Sept: – THE AREN ISLAND OF INISHMORE (B)**



Today we will travel to Doolin to take a boat out to the Island of Inishmore, part of the Aran Islands. It was there that part of Harry Potter and the Half Blood Prince was filmed. We will visit the cliffs of Dun Aenghus as well as Dun Eochla and Teachlach Einne. Aenghus is the ancient God of love. This is an Irish speaking island and no cars are allowed on the Island, other than those owned by the local people themselves. We will be met off the boat by a local who will take us, via a mini bus, to the sites. On our way back to the mainland we will see the Cliffs of Moher from the sea. **ACC: Bellbridge House Hotel, Spanish Point, Co. Clare**

**DAY10: MONDAY 25<sup>th</sup> SEPT: POULNABRONE DOLMEN & BURREN PERFUMERY. (B)**

Attunement 10:00a.m.



We will visit Poul nabrone Dolmen, to name but a few of the amazing sites set upon the cracked limestone landscape and the Burren Perfumery where all the products are locally sourced. **ACC: Bellbridge House Hotel, Spanish Point, Co. Clare**

**DAY 11 TUES 26<sup>th</sup> Sept – SHANNON AIRPORT FOR 10:30a.m.**

A sad farewell 'til we meet again....

Cost: EUROS 2060 includes 4 twin-room and 2 single room accommodation, all breakfasts, 7 dinners of the 10 evenings, 1 lunch, entrance fees, transport, seaweed baths, boat, Shamanic teachings, plus pick up from **BELFAST** Airport in Northern Ireland & drop off at **SHANNON** Airport in Southern Ireland (Eire).

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Single Occupancy: is EUROS 210

**PLEASE NOTE:** you will be picked up from **DUBLIN Airport** and dropped off at **SHANNON Airport**.

Flights and insurance are not included. You can go to [InsureMyTrip.com](https://www.insuremytrip.com) to search for an insurance policy that meets your needs. You must purchase travel insurance.

**NOTE:** This trip requires an overnight flight to arrive in Ireland. We strongly suggest you arrive a day early to sleep and rejuvenate from your travels. The tour activities begin on the first day of the trip. – you must book and pay for this directly.