

Apprenticeship Training with Amantha Murphy, Irish Seabhean



Ancient Irish Shamanic Apprenticeship

Amantha Murphy, a Seabhean (pronounced Sha-van), an Irish word meaning "Yes Woman" or "She who crosses the path between the worlds," is offering a one-week apprenticeship in Ancient Irish Shamanism for those who want to learn this tradition and bring it to their own work in the world, either individually, professionally, or both.

The 1st level apprenticeship training will delve into...

The Weave of the World...

Lower World: Exploring ancestors, roots, patterns;

Middle World: Creating, our personal myths, elements and elemental, stone/crystal & tree connections; Betwixt and Between;

Upper World: Accessing spiritual guides & helpers, angelics.

Shamanic journeying to our teachers and animal helpers within the three worlds

Healing, Cutting the ties and Soul retrieval - working in pairs and in groups for this work

Weaving the Web – recognising our own weaves and the Great Weave of the Earth

Soul Midwifery, becoming the Psychopomp – for others and for our Great Mother Earth

Trance Dance using sound, movement, and silence

Walking the Triple Spiral

The Celtic Wheel and the Deities that hold the 8 points upon the Wheel

Honoring our Stories - Holding Sacred Space - accessing our Creative force
Finding our Soul Sound

Rites of Passage, Ritual and Ceremony

This path is nurturing the Spirit, feeding the Soul and creating, in light, in joy, sacredness and resonance with the Earth's longing. It is allowing ourselves to be all we are meant to be in the wholeness of our multifaceted Being.

By the end of the week you will be ready to use many of these tools in your life and your work.

The week of apprentice training will help you...

- Bring Balance to your Weave and therefore bring balance to those around you as well as to the Great Weave of Our Mother Earth
- Give you tools to reside in the place of *the witness* rather than the reflective/projected and reactive person
- Keep your body in balance through your daily practice
- Recognize what is 'feeding you' and what is 'taking from you,' i.e., what belongs to you and what belongs to others
- Know what patterns you carry – seeing yourself in the mirror with deep compassion and objectivity
- Embrace and integrate your Shadow side
- Have an understanding of the 'other lives' of you and being open to integrating those lives while releasing unhealthy aspects
- Have confidence in 'Cutting the Ties' and doing 'Soul Retrieval' for yourself and others
- Be able to Journey to the 3 worlds for answers
- Be more authentic and true to yourself
- Work with the Celtic Wheel
- Work with Rituals, Ceremonies and Rites of Passage for yourselves and with/for others
- Become a soul midwife as part of the living fabric of 'Midwifing the Earth'



Amantha Murphy

Note from Amantha: "Don't Take It Personally" –

As we go/grow into the training, we will work on any difficulties-- emotional, physical, ancestral (ties that bind) --being held and carried, as it is important to recognize that anything you are carrying, especially that which is unbeknownst to you is reflected in your journeys, either the journeys for yourself or the journeys for others. Any such clearings will benefit the clarity and depth of your work, allowing you the opportunity to move more freely amidst the worlds. One doesn't have to clear all you have chosen to carry, soul-wise, consciously or unconsciously, yet it does assist you considerably, to recognize what you do carry as you journey. Knowing oneself is powerful always, and kindness to oneself is a gifted acknowledgment of our chosen soul contracts - with others and with self/Self.